

The Need for Clinical Nurses in The PIDD World

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Objectives

- ▶ Define what is a specialized nurse
- ▶ Discuss the role of the specialized nurse
- ▶ Discuss the role of the Clinical Nurse Specialist
- ▶ Discuss the role of the Nurse Practitioner
- ▶ Discuss how the specialized nurse decreases cost while improving patient care

Specialized Nurse

▶ Definition

- ▶ In the USA it is a combination of years of experience and specialty certification through a professional organization.
- ▶ Specialized nurses usually have experience in the specialty concerned and have done a lot of further courses to enhance their knowledge.
 - ▶ This can be attending conferences, webinars, or course work.
- ▶ Often specialized nurses are trained by a physician.

Nurse versus Specialized Nurse

- ▶ Novice
 - ▶ Has a knowledge deficit.
 - ▶ Not yet a leader.
 - ▶ May become experienced in a specific realm of nursing.
- ▶ Expert
 - ▶ Has expert knowledge, recognizes the collective purpose, and embraces the opportunity to be a leader.
 - ▶ Able to envision change.
 - ▶ Attains effective outcomes.

What Does the Specialized Nurse Do?

- ▶ Health care is now a tiered/team approach.
 - ▶ Physician
 - ▶ Nurse
 - ▶ Patient
- ▶ The role of the nurse has grown considerably.
 - ▶ Patient advocate and educator
 - ▶ Deliver nursing care / duties
 - ▶ Vital and essential part of clinical team
 - ▶ Delivering and organising complex care pathways for their patients
 - ▶ Assist with the development of partnerships between health professionals, patients and their families

Advocacy Role of the Specialized Nurse

- ▶ Speak on behalf of patient.
- ▶ Effect change in healthcare or policy.
- ▶ Promote profession.
- ▶ Protect the health, safety, and rights of the patient.
- ▶ Promote self.
- ▶ Promote organization.

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Role of the Specialized Nurse

- ▶ Explain diagnosis to patient.
- ▶ Educate patients about their treatment options.
- ▶ Discuss with provider the best options for each patient.
- ▶ Answer patient questions with education and confidence.
- ▶ Well educated and involved patients have better outcomes.

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Specialized Nursing Around the World

- ▶ UK
 - ▶ Has had specialized nurses for over 20 years.
 - ▶ Clinical Nurse Specialist soon to have prescriptive authority.
- ▶ Sweden
 - ▶ Developed an immunology course for nurses taught at University.
 - ▶ Considered a pioneer in PIDD specialized nursing.
- ▶ USA
 - ▶ Advanced Practice Nurses have multiple roles.
 - ▶ Has certification exam for Ig nursing.
- ▶ South Africa
 - ▶ Advanced Practice Nurses have multiple roles.
 - ▶ Nursing are building the PIDD community.

Specialized Nursing Organizations

- ▶ International Nursing Group for Immunodeficiencies (INGID)
 - ▶ European Guidelines for Ig Therapy
 - ▶ Biannual conference for immunology nurses held in association with the ESID meeting
 - ▶ Website for educating nurses (ingid.org)
 - ▶ Facebook, Twitter, Linked In – all resources for nursing
 - ▶ E learning course for nurses
 - ▶ <https://www.medicaleducation.md/?theme=ingid>
 - ▶ Translated into multiple languages
 - ▶ Members represent countries

Specialized Nursing Organizations

- ▶ Immune Deficiency Foundation Nurse Advisory Committee (IDF NAC)
 - ▶ Nursing Guidelines for Ig Replacement Therapy
 - ▶ Nurse committee to address patient and nursing questions
 - ▶ Biannual meeting for education
- ▶ Ig National Society (IgNS)
 - ▶ Nursing standards for Ig Therapy
 - ▶ Ig Nursing Certification Exam (IgCN)
 - ▶ Annual meeting for education
- ▶ Many European countries have their own specialized nursing groups
 - ▶ UK
 - ▶ Sweden
 - ▶ Switzerland

Utilization of the Specialized Nurse in the Clinical Setting

- Specialist and specific (expert) knowledge
- Provide support at initial diagnosis
- Advice on management of symptoms and side effects
- Advanced clinical skills – Infusions / home therapy training
- Provide training / education regarding condition / treatments
- Allow physician to focus on more complex patients
- Standardise and develop patient information
- Empower patients / families – proactive in own care

Utilization of the Specialized Nurse in the Research Setting

- Assist with organisation of research protocol
- Coordination of care
- Specialist knowledge of treatments
- Explanation of research protocol
- Recruitment of research participants
- Sample collection / shipping
- Assisting with patient forums/questions

Patient Organizations and Specialized Nurses

- ▶ Patient organizations work closely with specialized nurses to advocate for patients.
- ▶ Patient organizations utilize specialized nurses to educate:
 - ▶ Patients
 - ▶ Nurses
 - ▶ Physicians
- ▶ Examples of patient organizations utilizing specialized nurses:
 - ▶ IPOPI
 - ▶ IDF
 - ▶ JMF

The Positive Outcomes of Specialized Nursing

- ▶ Nurse specialist has specialized knowledge and experience
 - ▶ This improves patient outcomes
 - ▶ Helps employer distinguish themselves
 - ▶ Better able to educate patients
 - ▶ Improved communication with provider
 - ▶ Improved communication with payer
 - ▶ Choice to fill role in patient care

What is the Role of the Clinical Nurse Specialist?

- ▶ Clinical Nurse Specialists (CNS) are nurses practicing at an advanced level in a specific clinical specialty.
- ▶ The CNS often administers direct patient care.
- ▶ The CNS also has an essential role in educating patients and their families on how best to manage their symptoms before and after diagnosis.
- ▶ In the United States, this nurse has a masters degree in nursing.

What is the Role of Nurse Practitioner?

- ▶ An Advanced Registered Nurse Practitioner (ARNP) is a nurse who has a master's, post-masters, or doctoral degree in a nursing specialty and can generally practice medicine without the supervision of a physician. ARNPs help meet the demand for primary and specialty healthcare practitioners, especially in rural and other areas underserved by physicians.
- ▶ The nurse practitioner (NP) is a clinician that blends clinical expertise in diagnosing and treating health conditions with an added emphasis on disease prevention and health management

Conclusions

- Specialized nurses have vital role in patients care and are often the first contact for patients and their families.
- Specialized nurses are patient advocates.
- Specialized nurse in their extended role often save physician time and allow physicians to focus on other areas.
- Specialized nurse provide knowledge and information to patients and their families.
- Specialized nurse often has the time to explain diagnosis in more in-depth detail.
- Specialized nurse empowers patients to take charge of their care.

Thank you
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